#### RICE COUNTY SOCIAL SERVICES

#### NOTICE OF PRIVACY PRACTICES

# THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED BY RICE COUNTY SOCIAL SERVICES AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

### If you have questions about this Notice please contact our Privacy Officer who is: Mark Shaw, Director

This Notice of Privacy Practices describes how we may use and disclose your protected health information to carry out treatment, payment or healthcare operations and for other purposes that are permitted or required by law. It also describes your rights to access and control your protected health information. "Protected Health Information" is information about you, including demographic information, that may identify you and relates to your past, present or future physical or mental health or condition and related health care services.

We are required to abide by the terms of this Notice of Privacy Practices. We may change the terms of our notice, at any time. The new notice will be effective for all protected health information that we maintain at that time. Upon your request, we will provide you with any revised Notice of Privacy Practices by accessing our website <a href="http://www.co.rice.mn.us">http://www.co.rice.mn.us</a>, calling the office and requesting that a revised copy be sent to you in the mail or asking for one at the time of your next appointment.

### 1. <u>Uses and Disclosures of Protected Health Information</u>

#### **Uses and Disclosures of Protected Health Information Based Upon Your Written Consent**

You will be asked by Rice County Social Services (RCSS) to sign a consent form. Once you have consented to use and disclosure of your protected health information for treatment, payment and health care operations by signing the consent form, RCSS will use or disclose your protected health information as described in this Section 1. Your protected health information may be used and disclosed by RCSS, our office staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you. Your protected health information may also be used and disclosed to pay your health care bills and to support the operation of the RCSS.

Following are examples of the types and uses of disclosures of your protected health care information that the RCSS agency is permitted to make once you have signed our consent form. These examples are not meant to be exhaustive, but to describe the types of uses and disclosures that may be made by our office once you have provided consent.

<u>To Provide Treatment:</u> We will use and disclose your protected health information to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with a third party that has already obtained your permission to have access to your protected health information. For example, we would disclose your protected health information, as necessary, to your physician who may be treating you when we have the necessary permission from you to disclose your protected health information. Your protected health information may be provided to an employment service provider to whom you have been referred to ensure that RCSS has the necessary information to provide services to you.

<u>To Obtain Payment:</u> Your protected health information will be used, as needed, to obtain payment for your health care services. This may include certain activities that your health insurance plan may undertake before it approves or pays for the health care services we recommend for you such as; making a determination of eligibility or coverage for insurance benefits, reviewing services provided to you for medical necessity and undertaking utilization review activities. For example, obtaining approval for chemical health services may require that your relevant protected health information be disclosed to the health plan to obtain approval for the service.

<u>To Conduct Health Care Operations</u>: RCSS may use and disclose health information for its own operations in order to facilitate the function of the Agency and as necessary to provide quality care to all of our clients. Health care operations includes activities such as:

- Review of client charts by supervisors and designated professional staff to assess quality and improve care.
- Reviewing and auditing of charts by state and federal oversight agencies
- Managing the business and administrative aspects of the Agency
- Maintaining paper and electronic records of services provided
- Scheduling client visits
- Preparing financial reports
- Complying with accrediting, certification, licensing or related requirements
- Developing protocols, providing case management, and coordinating care

### Uses and Disclosures of Protected Health Information Based upon Your Written Authorization

Other uses and disclosures of your protected health information will be made only with your written authorization, unless otherwise permitted or required by law as described below. You may revoke this authorization, at any time, in writing, except to the extent that RCSS has taken an action in reliance on the use or disclosure indicated in the authorization.

# Other Permitted and Required Uses and Disclosures That May Be Made With Your Consent, Authorization or Opportunity to Object

We may use and disclose your protected health information in the following instances. You have the opportunity to agree or object to the use or disclosure of all or part of your protected health information. Only the protected health information that is relevant to your health care will be disclosed.

Others Involved in Your Healthcare: Unless you object, we may disclose to a member of your family, a relative, a close friend or any other person you identify, your protected health information that directly relates to that person's involvement in your services. If you are unable to agree or object to such a disclosure, we may disclose such information as necessary if we determine that it is in your best interest based on our professional judgment. We may use or disclose protected health information to notify or assist in notifying a family member, personal representative or any other person that is responsible for your care

**Emergencies:** We may use or disclose your protected health information in an emergency treatment situation. If this happens, RCSS shall try to obtain your consent as soon as reasonably practicable after the delivery of treatment. If RCSS is required by law to provide services to you and has attempted to obtain your consent but is unable to obtain your consent, RCSS may still use or disclose your protected health information to treat you.

<u>Communication Barriers:</u> We may use and disclose your protected health information if RCSS attempts to obtain consent from you but is unable to do so due to substantial communication barriers and the RCSS determines, using professional judgment, that you intend to consent to use or disclosure under the circumstances.

# Other Permitted and Required Uses and Disclosures That May be Made Without Your Consent, Authorization or Opportunity to Object

We may use or disclose your protected health information in the following situations without your consent or authorization. These situations include:

**Required By Law:** We may use or disclose your protected health information to the extent that the use or disclosure is required by law. The use or disclosure will be made in compliance with the law and will be limited to the relevant requirements of the law. You will be notified, as required by law, of any such uses or disclosures.

<u>Minnesota Department of Health:</u> We may disclose your protected health information for public health activities and purposes to a public health authority that is permitted by law to collect or receive the information. The disclosure will be made for the purpose of controlling disease, injury or disability

<u>Abuse or Neglect:</u> We may disclose your protected health information to a human services or law enforcement authority that is authorized by law to receive reports of child or vulnerable adult abuse or neglect. In addition, we may disclose your protected health information if we believe that you have been a victim of abuse or neglect to the governmental entity or agency authorized to receive such information. In this case, the disclosure will be made consistent with the requirements of applicable federal and state laws.

<u>Legal Proceedings:</u> We may disclose protected health information in the course of any judicial or administrative proceeding, in response to an order of a court or administrative tribunal (to the extent such disclosure is expressly authorized), in certain conditions in response to a subpoena, discovery request or other lawful process.

<u>Required Uses and Disclosures:</u> Under the law, we must make disclosures to you and when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements of Section 164.500 et. seq.

#### 2. Your Rights

Following is a statement of your rights with respect to your protected health information and a brief description of how you may exercise these rights.

You have the right to inspect and copy your protected health information. This means you may inspect and obtain a copy of protected health information about you that is contained in a designated record set for as long as we maintain the protected health information. A "designated record set" contains medical and billing records and any other records that RCSS uses for making decisions about you.

Under federal law, however, you may not inspect or copy the following records; psychotherapy notes; information compiled in reasonable anticipation of, or use in, a civil, criminal, or administrative action or proceeding, and protected health information that is subject to law that prohibits access to protected health information. Depending on the circumstances, a decision to deny access may be reviewable. In some circumstances, you may have a right to have this decision reviewed. Please contact our Privacy Officer if you have questions about access to your medical record.

You have the right to request a restriction of your protected health information. This means you may ask us not to use or disclose any part of your protected health information for the purposes of treatment, payment or healthcare operations. You may also request that any part of your protected health information not be disclosed to family members or friends who may be involved in your care or for notification purposes as described in this Notice of Privacy Practices. Your request must state the specific restriction requested and to whom you want the restriction to apply.

RCSS is not required to agree to a restriction that you may request. If RCSS believes that it is in your best interest to permit use and disclosure of your protected health information, your protected health information will not be restricted. If RCSS does agree to the requested

restriction, we may not use or disclose your protected health information in violation of that restriction unless it is needed to provide emergency treatment. With this in mind, please discuss any restriction you wish to request with RCSS. You may request a restriction by contacting the Privacy Officer.

You have the right to request to receive confidential communications from us by alternative means or at an alternative location. We will accommodate reasonable requests. We may also condition this accommodation by asking you for information as to how payment will be handled or specification of an alternative address or other method of contact. We will not request an explanation from you as to the basis for the request. Please make this request in writing to our Privacy Officer.

You have the right to request that RCSS amend your protected health information. This means you may request an amendment of protected health information about you in a designated record set for as long as we maintain this information. In certain cases, we may deny your request for an amendment. If we deny your request for amendment, you have the right to file a statement of disagreement with us and we may prepare a rebuttal to your statement and will provide you with a copy of any such rebuttal. Please contact our Privacy Officer to determine if you have questions about amending your medical record.

You have the right to receive an accounting of certain disclosures we have made, if any, of your protected health information. This right applies to disclosures for purposes other than treatment, payment or healthcare operations as described in this Notice of Privacy Practices. It excludes disclosures we may have made to you, to family members or friends involved in your care, or for notification purposes. You have the right to receive specific information regarding these disclosures that occurred after April 14, 2003. The right to receive this information is subject to certain exceptions, restrictions and limitations.

You have the right to obtain a paper copy of this notice from us, upon request, even if you have agreed to accept this notice electronically.

### 3. Complaints

You may complain to us or to the Department of Human Services if you believe your privacy rights have been violated by us. You may file a complaint with us by notifying our Privacy Officer of your complaint. We will not retaliate against you for filing a complaint.

You may contact our Privacy Officer, Mark Shaw, Director at 507-332-6115 or <a href="mshaw@co.rice.mn.us">mshaw@co.rice.mn.us</a> for further information about the complaint process.

This notice becomes effective on April 14, 2003.